

# LIVING WITH CONGESTIVE HEART FAILURE?



*We're here to help you stay safe and independent at home.*

*Congestive heart failure affects over 6 million adults in the U.S., and managing it day to day can feel overwhelming. Swollen feet, shortness of breath, fatigue, and frequent hospital visits can make even simple tasks feel like climbing a mountain.*

*OneSource offers home health services designed to support you right where you live—so you can feel more in control and less exhausted.*

## Here's what we can help with:

### **Nursing Support**

Our nurses monitor your symptoms, provide education, and help manage flare-ups to keep you feeling your best.

### **Medication & Health Oversight**

We assist with medication routines, track your health, and help you prepare for appointments so nothing gets missed.

### **Therapy & Daily Living Help**

Rehabilitation therapies and exercise programs can help you stay strong, safe, and independent in your home.

### **Additional Support Services**

We offer case management services, education and consultation, and help coordinate appointments and care.

